

The Chosen – Episode 2

“Shabbat”

Episode Passages – Deuteronomy 5:12-14, Matthew 17:24-27, and Matthew 18:15-17

Discussion Questions

1. When have you tried to solve your own problems without Jesus (like Peter in the episode) and had things go completely sideways?
2. Since trusting in Jesus, what are some specific ways your life has gone from being one way, to being something completely different?
3. The Hebrew Sabbath celebrates God’s work and inspires soulful rest. How do you celebrate God’s work in your life? How do you find rest for your soul?
4. What characteristics did you see in Jesus that would be good for Christians to practice today?

On Your Own in the coming week...

- **Renew and Refresh** – This week read Deuteronomy 5:12-14, Matthew 17:24-27, and Matthew 18:15-17
- **Self-Check**
 - Think about some ways you can celebrate God’s work in your life. Would you journal to Him, take a walk alone with Him, what could you do?
 - Where are some areas in your life that God may encourage you to slow down and allow your soul to find rest? Would He encourage a less rigorous schedule, less TV and Internet time, or something else?
- **Continuing the Conversation** – This episode showed people remembering and celebrating God’s incredible creative work. Who can I share this powerful story with who may not have heard about their Creator?
- **Pray** – Thank God for creating and redeeming you. Ask God to help you see where you may need to celebrate Him more and treat your soul to some rest.