

Writing My Story – Conversion Worksheet

What changes has God helped with in your life (negative to positive)?

From Negative To Positive	From Negative To Positive
Worries/Anxiety.....Inner Peace	Loneliness.....He’s always with me
Guilt/Shame.....Forgiveness	Addictions/Habits.....Power to change
Anger/Temper.....Patience	Self-centeredness.....Love for other people
Emptiness/Lack of Purpose...Purpose	Despair/Depression.....Hope
Grief.....Comfort and joy	Cheap thrills.....Real, lasting happiness
Stress/Burnout.....Power for living	Boredom with life.....Adventure with God
Low self-esteem.....Significance to God	Fear of Death.....Assurance of heaven
Poor health.....Strength to keep on	“Something is missing”Sense of Fulfillment
Disappointment.....Trust in God’s plan	Bitterness/Resentment.....Freedom from my past
Insecurity.....Confidence and security	Pain of rejection.....God’s unconditional love
Regrets.....A second chance at life	Marriage problems.....Changes in my marriage
Discontent/busy.....Contentment/peace	Financial Problems.....Change in my finances
Fears.....Faith to face my fears	Other Problems.....Changes in Other

Select one of the changes above for your story.

Part 1 – Describe one negative part of your life before you started a relationship with God

Part 2 – “Then I started a relationship with God...” How did you decide to follow Jesus?

Part 3 – Describe the positive change God has brought to this area of your life.

Part 4 – My relationship with God continues forever.