

URBAN LEGENDS

TIME HEALS ALL WOUNDS

- ¹ Let all that I am praise the Lord;
with my whole heart, I will praise his holy name.
- ² Let all that I am praise the Lord;
may I never forget the good things he does for me.
- ³ He forgives all my sins
and heals all my diseases.
- ⁴ He redeems me from death
and crowns me with love and tender mercies.
- ⁵ He fills my life with good things.
My youth is renewed like the eagle's!

Psalm 103:1-5 NLT

THE MYTH: Time heals all wounds, so we _____
and _____

THE TRUTH: God heals all wounds, so we _____
and _____

Physical Healing

Emotional Healing

Spiritual Healing

Relational Healing

*A study guide for personal or group use is available on-line at mylhumc.net/media/sermon-review or can be found on the table in the lobby.



RISK-TAKING MISSION & SERVICE

On July 23rd, our Honduras Mission team will head to Sula, Honduras to serve with New Life Baptist Church where they will be helping with a Vacation Bible School. You have the chance to invest in this trip by purchasing mission shares. Mission share envelopes are available in the lobby.

To give online go to <http://www.mylhumc.net/giving> and click on the "Pushpay" link. Indicate the amount you want to give. Select "Mission Shares," in the drop down menu. Then, in the "Memo" line write the destination of the trip and the trip member's name.

Stop by and visit with members of the Honduras team in the lobby today!

6th Graders Join Youth Group

Fusion Campus, Tonight 4:00pm

Students who will be completing 5th grade this year will officially join the Youth Group! There will be a meeting for those students and their parents tonight from 4:00-5:00pm at our Fusion Campus. Students will then stay for Youth Group. For more information contact Neal McGee at (850) 819-1013.

Mobile Food Pantry Servant Training

Transmitter Fellowship Hall, May 23rd, 6:00pm

We will have mini-workshops on how to understand poverty, how to help people in need, and how to share the gospel. RSVP to Heather Howell at Heather@MyLHUMC.net no later than May 21st.

Women's Summer Bible Study

Transmitter Campus, Thursday Night, 6:30-8, May 31-July 12

New Women's Bible study group, "The Best Yes" by Lysa Terkeurst. Join us for this excellent study on coping with an overwhelming schedule and learning how to say "yes" to God and not necessarily everyone else! For more information, or to sign up for the study, call or text Emily Hutt at (850) 814-1646.

Parent's Night Out

Transmitter Campus, June 2nd, 5:00-9:00pm

Children ages 6 weeks-5th grade are invited to join us for a great night of games, crafts, movies, special treats, and more (dinner provided). The cost is \$20 for first child, \$15 for each additional child in the same household. All proceeds will support the Honduras Mission Team. Register at mylhumc.net. For more information contact Cindy Hansen at Cindy@MyLHUMC.net.

Baptism Sunday

Transmitter Campus, June 3rd

Join us on June 3rd between the 9:30am and 11:00am services for a special Baptism service. If you are interested in being baptized contact Terry Tatum at Terry@MyLHUMC.net.

I want to know more about...

- Joining the Church
- Joining a Life Group
- Baptism/Salvation
- Children's Ministries (K-5th)
- Student Ministries (6th-12th)
- Ways I can serve

Prayer Requests

Please keep this matter confidential

Please tear off and give to usher at end of service

Welcome!

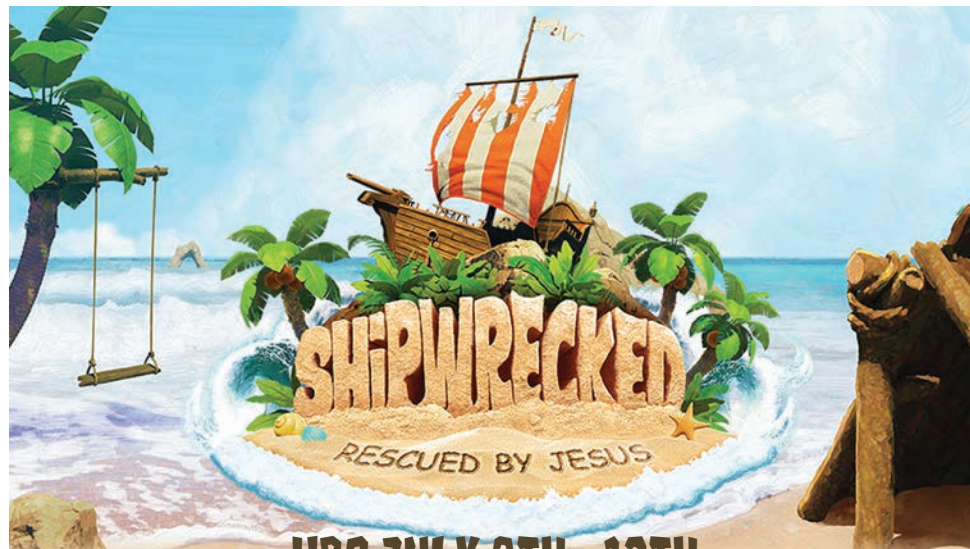
Thank you for choosing to worship with us today.
Which service did you attend today?

Transmitter Fusion
 9:30a 9:30a
 11:00a

Please register your attendance below.

Please register attendance here:
Name: _____ Date: 5/20/18
 1st time guest 2nd time guest Out of town guest Regular Attendee Member
Email (please print): _____
Address: _____ Apt: _____
City: _____ State: _____ Zip: _____
Phone: _____ Age: _____ Single Married

Please tear off and give to usher at end of service



SHIPWRECKED
RESCUED BY JESUS

VBS JULY 8TH - 12TH
Transmitter Campus, 6 - 8:30pm

Vacation Bible School is almost here! Our VBS theme this year is 'Shipwrecked, Rescued by Jesus!' Here, your children will learn what it means to be anchored in the truth that Jesus carries them through life's storms. Registration opens May 23rd for children and servants! For more information contact *Mary McQuagge* at MaryMc@MyLHUMC.net.

**MEDIA
TEAM**



**SERVANTS
NEEDED**

EMAIL TCORBIN@MYLHUMC.NET TO SERVE

**URBAN
LEGENDS**

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MAY 20TH, 2018

TRANSMITTER - CRAIG CARTER

FUSION - RUDY OLIVO