

Sermon Notes

Peace of mind: *The absence of mental stress or anxiety; serenity, contentment, satisfaction, happiness*

Because you belong to Christ Jesus, God will bless you with peace that no one can completely understand. And this peace will control the way you think and feel.”
(Philippians 4:7 CEV)

The Serenity Prayer by Reinhold Niebuhr

*God, grant me the serenity to accept the things I cannot change,
Courage to change the things I can,
And wisdom to know the difference.*

God, give us grace to accept with serenity the things that cannot be changed, courage to change the things which should be changed, and the wisdom to distinguish the one from the other. Living one day at a time, enjoying one moment at a time, accepting hardship as a pathway to peace, taking, as Jesus did, this sinful world as it is, not as I would have it, trusting that You will make all things right, if I surrender to Your will, so that I may be reasonably happy in this life, and supremely happy with You forever in the next. Amen.

We experience “serenity now” when...

1) We live _____ day at a _____

Give your entire attention to what God is doing right now, and don't get worked up about what may or may not happen tomorrow. God will help you deal with whatever hard things come up when the time comes.

(Matthew 6:34 The Message)

2) We do our _____ and let God do the _____

What I'm trying to do here is to get you to relax, to not be so preoccupied with getting, so you can respond to God's giving. People who don't know God and the way he works fuss over these things, but you know both God and how he works. Steep your life in God-reality, God-initiative, God-provisions. Don't worry about missing out. You'll find all your everyday human concerns will be met.

(Matthew 6:31-33 The Message)



Study guides for today's sermon can be found in the lobby or at www.myLHUMC.net.



WEDNESDAY NIGHT DINNER

Transmitter, Fellowship Hall

5-5:45p

Cost: \$5 for Adults/children ages 11+
\$2 for children ages 2-10 (family max \$16)

Wednesday, January 20th

Pot Roast
Oven-Roasted New Potatoes,
Glazed Carrots, Sweet Rolls
Dessert - Apple Cobbler

Please RSVP via tear-off form or email mahow@knology.net by Monday, Jan 18th.



Wednesday Night Bible Study

Discovering Your Spiritual Gifts

Transmitter **Sanctuary**

Wednesdays, 6:15p

God has equipped every member of His Body with unique spiritual gifts that are designed to be used in the Church in its mission of sharing the Good News. Participants will discover their God-given gifts and talents and begin to envision how to use them in service to the Lord and others. This 10-week study, led by Pastor Craig, has outgrown our original location, so please note we are now meeting in the Sanctuary.



One Worship is Coming!

Fusion
31st, 9:30a

Sun, Jan

On Sunday, January 31st, we will have One Worship at Fusion. This service, held at 9:30a, will be the only service that week. Please contact **Heather Howell** at **850-265-5231** or Heather@myLHUMC.net for further information.



Middle School Confirmation Class

Transmitter, Rm 410

Sun, Jan 17th- May 15th, 9:30a

Confirmation is a time where students, grades 6-8, learn about their church, their entire community and what it means to be a faithful Christian. It is a time for young people to reaffirm vows that were made at their baptisms and become full members of the Lynn Haven United Methodist Church. Contact **Hunter Dennison** at Hunter@MyLHUMC.net to pre-register your child.



#365Challenge Online Discussion

Facebook Events Tab

Ongoing

Our Facebook page hosts a weekly discussion of the scripture that we have read over the last week. You can easily access this by clicking the shared event at the top of our Facebook feed, or subscribe to our events under the “Events” tab to be the first to know when any new LHUMC events are posted.

I want to know more about...

- o Becoming a Christian
- o Baptism
- o Joining the Church
- o Children's Ministries (K-5th)
- o Students' Ministries (6th-12th)
- o Small Groups/Life Groups
- o Ways I can serve

Prayer Requests

- o **Please keep this matter confidential**

Please tear off and drop in offering basket

Radical Hospitality Training RSVP

- o I will attend the Radical Hospitality training on Jan 23rd from 10a-12p.

If you have additional questions, please contact **Irina Terrell** at Irina@myLHUMC.net

Wednesday Night Dinner Sign-Up

_____ Adults (\$5)
_____ Children (Ages 2-10) (\$2)
(Family max \$16)

Welcome!

Thank you for choosing to worship with us today.

Which service did you attend today?

- Transmitter Fusion
 o 8:00a o 9:30a
 o 9:30a
 o 11:00a (sanctuary)
 o 11:00a (chapel)

Please register your attendance below.

Name: _____ **Date:** _____

o 1st time guest o 2nd time guest o Out of town guest o Regular Attendee o Member

If you are a guest with us, or need to update your contact information, please complete below form


Email (please print): _____

Address: _____ Apt: _____

City: _____ State: _____ Zip: _____

Phone: _____ Age: _____ o Single o Married

Please tear off and drop in offering basket



The Ascent - Preteen Ministry
Fusion Beginning Jan 31st, 4-5:30p


Parents of preteens - we'd love to have your child be a part of "The Ascent," a ministry that is specially designed for 5th and 6th Graders. It will take place on Sunday afternoons running from January 31st until May 15th at Fusion. There will be games, small group Bible study, snacks, and fellowship.

Please contact **Mary McQuagge** at 850-265-5231 or **MaryMC@MyLHUMC.net** with any questions.



Radical Hospitality Training
Transmitter Jan 23rd 10a-12p

Our Radical Hospitality team is always looking for smiling faces ready to welcome people to our church and to the family of Christ. If you are interested in serving through showing the love of Christ, practicing over-the-top, radical hospitality, come to this training, where you will learn some helpful tips. Please RSVP to **Irina Terrell** 265-5231 or **Irina@mylhumc.net** by January 20th.




New Tuesday Night Small Group
Transmitter, Portable 1 Each 2nd & 4th Tue 6p

Join us for this new small group, led by Frank Smith, meeting the 2nd and 4th Tuesday of the month at 6p. This group is currently going through the book, "The Fasting Key," which explores fasting as a key element of spiritual life. Contact **Mindy Clemons** at **Mindy@MyLHUMC.net** with any questions.



The Church Office Will Be Closed On Monday, Jan 18th in Observance of Martin Luther King Day.

Fusion



Men's Basketball Bible Study
Fusion Fitness Tuesdays starting Feb 9th, 6p

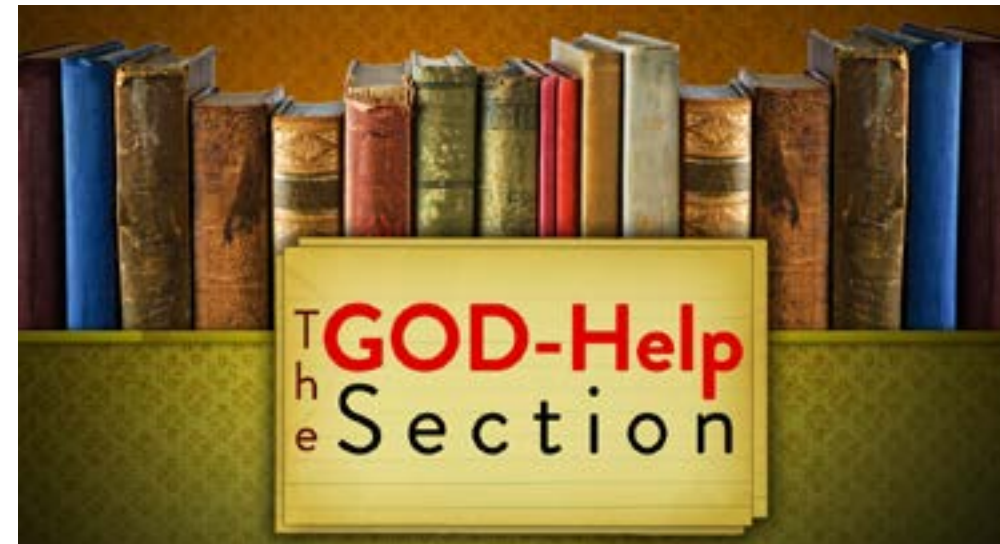
Join us Tuesday evenings at Fusion for a pick-up Basketball game and a Bible study. We will meet at 6p starting February 9th. Contact **Julio Samayoa** via email at **Julio@MyLHUMC.net** or call Fusion at **850-248-3800** with any questions.



Facebook.com/LynnHavenUMC



@LynnHavenUMC



January 17th, 2016

Peace of Mind



Daraja Children's Choir of Africa

Transmitter Sun, Jan 17th, 6p

Tonight at 6p, the Daraja Children's Choir will lead a worship service at our Transmitter sanctuary. This choir consists of 24 Kenyan and Ugandan children whose purpose is to ignite a passion for worship in the global church. Also, they seek to connect both "sides of the bridge" (Africa and the US) to serve God and each other. Visit the Events tab at myLHUMC.net or our Facebook page to learn more about this group and to see a promotional video showing a glimpse of what you will experience at this event or email Neal McGee at **Neal@myLHUMC.net** for more information.

Transmitter Services

8, 930 & 11am (Sanctuary) – Craig Carter
11am (Chapel) - Julio Samayoa

Fusion

9:30am Julio Samayoa

Lynn Haven

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United Methodist

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